

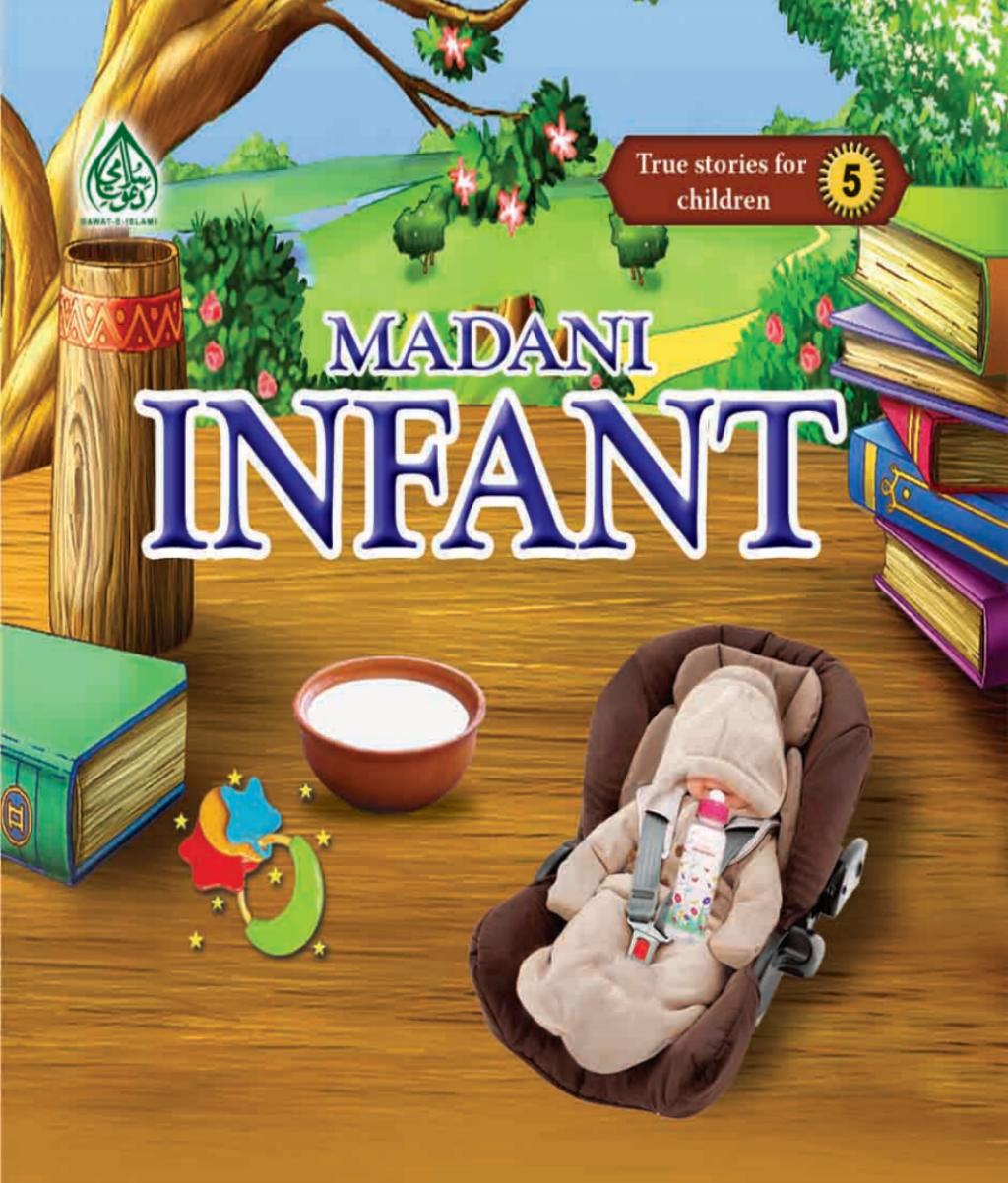


DAWAT-E-ISLAMI

True stories for
children

5

MADANI INFANT



Shaykh-e-Tariqat, Ameer-e-Ahi-e-Sunnat
Founder of Dawat-e-Islami, Allamah Maulana Abu Bilal

MUHAMMAD ILYAS

Attar Qadiri Razavi



الْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى سَيِّدِ النُّبُوٰسِلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيمِ ۝ يٰسِمُ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ ۝

Du'a for Reading the Book

Read the following Du'a (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, **إِنْ شَاءَ اللّٰهُ عَزَّ وَجَلَّ**:

اللّٰهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَاشْرُ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Translation

O Allah **عَزَّ وَجَلَّ**! Open the door of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Honourable and Glorious! (*Al-Mustatraf*, vol. 1, pp. 40)

Note:

Recite Salat-‘Alan-Nabi ﷺ once before and after the Du'a.

دُودھ پیتا مَدَنِی مُنَّا

Doodh Peeta Madani Munna

MADANI INFANT

(15 True Parables)

THIS booklet was written by Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat, the founder of Dawat-e-Islami 'Allamah Maulana Abu Bilal Muhammad Ilyas Attar Qadiri Razavi دامت برکاتُهُمُ الْعَالِيَّهُ in Urdu. **Majlis-e-Tarajim** (the translation department) has translated it into English. If you find any mistake in the translation or composing, please inform the translation department on the following postal or email address with the intention of earning reward [Sawab].

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Madani Infant

An English translation of 'Doodh Peeta Madani Munna'



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1st Publication: Ramadan-ul-Mubarak, 1437 AH – (June, 2016)

Publisher: Maktaba-tul-Madinah

Quantity: -

ISBN: -

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MADANI INFANT

Excellence of Salat-'Alan-Nabi ﷺ

The Most Renowned and Revered Prophet ﷺ has stated, 'Those who love one another for the sake of Allah عَزَّ وَجَلَّ when they meet each other and shake hands and recite Salat upon the Prophet ﷺ, before they separate, their past and future sins are forgiven.'

(*Musnad Abi Ya'la, vol. 3, pp. 95, Hadees 2951*)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

1. Madani infant spoke out

The Beloved and Blessed Prophet ﷺ was present in a house in the blessed city Makkah. A man brought an infant wrapped in a sheet, who was born on the very day. The Beloved Prophet ﷺ asked the infant, 'Who am I?' He spoke, 'You are the Rasool of Allah.' The Beloved Prophet ﷺ said, 'You spoke the truth! May Allah عَزَّ وَجَلَّ bless you.' (*Ma'rifat-us-Sahabah, vol. 4, pp. 314, Raqm 6395*)

Dear Madani children! Allah ﷺ has granted such a great eminence and excellence to the Beloved Prophet ﷺ that even an infant testified that the Beloved and Blessed Prophet ﷺ is the Rasool of Allah ﷺ. Let's listen to more blessed prophetic-miracles of the Beloved and Blessed Rasool ﷺ.

2. Hand of Madani child got burned

The blessed companion Sayyiduna Muhammad Bin Haatib رضي الله تعالى عنه said: My mother told me: Carrying you, I was coming from Habashah (Ethiopia). I cooked food at a place little far from Madinah. I ran short of wood, in this course when I went to collect wood, you pulled off the pot and it fell on your hand, causing burns. I brought you in the blessed court of Muhammad-ur-Rasoolullah ﷺ and requested, 'O Beloved Prophet ﷺ! My parents be sacrificed on you! This is Muhammad Bin Haatib.' The Noblest Prophet ﷺ stroked your head blessedly and supplicated for you, then applied his blessed saliva to your [burnt] hand. When I stood from there carrying you with me, your hand was absolutely healed.' (*Musnad Imam Ahmad Bin Hanbal, vol. 5, pp. 265, Hadees 15453; summarized*)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

3. White and black hair

The middle area of head of Sayyiduna Saa'ib رضي الله تعالى عنه was full of absolute black hair but the hair of the rest of his head and beard was white. He رضي الله تعالى عنه was asked, 'How come some portion of your hair is white whereas some is black?' He رضي الله تعالى عنه replied, 'I was playing with children in my childhood; when the Noblest Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ passed by me, I said Salam to the Beloved Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ.' The Noblest Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ answered to my Salam and asked, 'Who are you?' When I told him my name, he صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ stroked on my head and prayed for me to be blessed. That very part of the head which the Noblest Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ touched with his blessed hand, the hair of that part did not turn white. (Al-Mu'jam-ul-Kabeer, vol. 7, pp. 160, Hadees 6693; summarized)

صَلُّوا عَلَى الْحَبِيبِ

4. The blessed hand of Beloved Prophet ﷺ

Sayyiduna Jabir Bin Samurah رضي الله تعالى عنه has stated: When the children would pass by the Beloved Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, the Beloved Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ would stroke one cheek of some or both cheeks of some others with great affection; when I passed by the Beloved Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, the Noblest Prophet صلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ stroked one of my cheeks. The cheek

on which the Beloved Prophet ﷺ had stroked, grew beautiful than the other.

(Kanz-ul-'Ummal, vol. 13, pp. 135, Hadees 36876)

صَلُّوْا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

5. Madani infant having small body

When Sayyiduna 'Abdur Rahman Bin Zayd was born, his maternal grandfather Sayyiduna Abu Lubabah wrapped him in a piece of cloth and brought him in the blessed court of the Noblest Prophet ﷺ and humbly said, 'O Beloved Prophet ﷺ, I have not seen an infant with such a small body as yet. The Noblest Prophet ﷺ granted Tahneek (i.e. putting honey, sweet juice or chewed dates in the mouth of a new-born) and stroked his head and prayed for him to be blessed.

(The blessing of the great prayer of the Beloved Prophet ﷺ bore fruit that) when Sayyiduna 'Abdur Rahman Bin Zayd would stand amongst other [people of] the tribe, he would look the tallest amongst all.

(Al-Isaabah, vol. 5, pp. 29, Raqm 6227)

6. The dumb child started speaking

The blessed Sahabiyyah Sayyidatuna Umm-e-Jundub رضي الله تعالى عنها said: A woman came to the court of the Beloved and Blessed Prophet ﷺ along with her dumb son and humbly said, 'O Beloved Prophet ﷺ! My son has some problem and therefore unable to speak.' Having listened to this, the Prophet of Rahmah ﷺ said, 'Bring me some water (in a bowl).' So it was brought, and he ﷺ washed both his blessed hands and rinsed out his blessed mouth. Then said, 'Go and have your son drink this water and sprinkle some of it on him and pray to Allah عز وجل for his healing.'

When I met that woman again one year later and asked her about her son. She said, 'My son has now become completely healthy and very wise.'

(Sunan Ibn Majah, vol. 4, pp. 129, Hadees 3532; summarized)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Dear Madani children! Having listened to 6 blessed prophetic miracles, now let's listen to more parables:

7. My hand used to go around in the bowl

Sayyiduna 'Umar Bin Abi Salamah رضي الله تعالى عنه said: I was under the blessed care of the Noblest Prophet ﷺ

in childhood. (While eating), my hand used to go around in the bowl (i.e., I used to eat from all sides). The Beloved Prophet ﷺ said to me, 'O boy! Recite ﴿بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ﴾, eat with your right hand, [and] eat from what is in front of you.' Since then I act accordingly (i.e., as per the instructions of the Beloved Prophet ﷺ) when eating.

(*Sahih Bukhari*, vol. 3, pp. 521, Hadees 5376)

Dear Madani children! Always Recite ﴿بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ﴾ before eating, eat with your right hand and eat from what is in front of you. However! If there are different kinds of items in the platter, you can eat from other sides. When you drink water, drink it while sitting, see it in the light before drinking, recite ﴿بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ﴾ and drink it using your right hand with three breathes while sucking it.

For learning countless Sunan and manners as well as for attaining the passion of acting upon them, do attend Sunnah-inspiring congregations of Dawat-e-Islami and keep watching 'Madani Channel'.¹

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

¹ For learning the Sunan and manners of eating, read the 'Islamic Manners of Eating', the chapter of first volume of *Faizan-e-Sunnat*, the publication of Maktaba-tul-Madinah.

8. Sensible Madani little girl

The youngest daughter of a very pious bondman of Allah Sayyiduna Fudayl Bin ‘Iyaad رَحْمَةُ اللَّهِ تَعَالَى عَلَيْهِ had pain in her palm. When he رَحْمَةُ اللَّهِ تَعَالَى عَلَيْهِ asked her, ‘Daughter! How is pain of your palm now?’ She (sensible Madani little girl) replied, ‘O beloved father, ‘It is alright, if Allah عَزَّوَ جَلَّ has inflicted a little pain on me, He عَزَّوَ جَلَّ has also bestowed me far greater safety (i.e., well-being). It is in this way that I had pain only in my palm but other parts of body (eyes, ears, nose, lips and feet etc.) were not undergoing any pain. I am thankful to Allah عَزَّوَ جَلَّ for this favour.’

Listening to such a beautiful reply, he رَحْمَةُ اللَّهِ تَعَالَى عَلَيْهِ said, ‘Daughter, show me your palm.’ When she showed her palm, he رَحْمَةُ اللَّهِ تَعَالَى عَلَيْهِ kissed it with great affection.

(Hayat-ul-Haywan lid-Dameeri, vol. 1 pp. 197; summarized)

Dear Madani children! Through this true parable, we have learnt a lesson that whenever we suffer any trouble, we should have patience instead of shouting in pain we should express gratitude to Allah عَزَّوَ جَلَّ that He عَزَّوَ جَلَّ kept us safe from any big trouble, for example if somebody is suffering from headache then he should express gratitude to Allah عَزَّوَ جَلَّ that he did not get fever. We should not share our trouble with anyone without any need so that we earn the reward of having patience. However, sharing it with any pious man for seeking his prayer for you or sharing it with your parents or doctor in order to get

it cured has no harm. May Allah عَزَّوجَلَّ make us duly thankful and patient bondman. Aameen!

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

9. Madani child got double share

The blessed companion Sayyiduna Jabir Bin ‘Abdullah رَضِيَ اللَّهُ تَعَالَى عَنْهُ said: Halwa (sweet dish) was presented to the Most Revered and Renowned Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ in a pot, he صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ gave away some to each of us, when it was my turn, he صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, after giving me once, asked, ‘Should I give you more?’ I humbly replied in the affirmative. The Beloved Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ gave me more due to my young age. After that, he صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ distributed it amongst the remaining people. (*Shu’ab-ul-Iman, vol. 5, pp. 99, Hadees 35; summarized*)

Dear Madani children! The Beloved Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ used to show great kindness and affection towards children, that’s why, he صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ gave more to Sayyiduna Jabir رَضِيَ اللَّهُ تَعَالَى عَنْهُ because he was a child. But you should remember that when something is being distributed, you should not ask anyone for double share; however, if the distributor himself gives you more, then there is no harm in taking.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

10. The habit of Zikr of Allah

When Sayyiduna Dawood Bin Abu Hind رحمۃ اللہ تعالیٰ علیہ used to go to and return from the market, he رحمۃ اللہ تعالیٰ علیہ would decide himself to make Zikr of Allah عَزَّوجَلَ till reaching such and such place and when he رحمۃ اللہ تعالیٰ علیہ would get to that place then again he رحمۃ اللہ تعالیٰ علیہ would bind himself to continue Zikr of Allah عَزَّوجَلَ till getting to such and such place, thus, while making Zikr in this way, he رحمۃ اللہ تعالیٰ علیہ would reach his home.

(*Hilyat-ul-Awliya*, vol. 3, pp. 110; summarized)

Dear Madani children! Reciting ﴿اللَّهُ أَكْبَر﴾, Holy Quran, Na'at, and making supplication etc., are all blessed Zikr of Allah عَزَّوجَلَ. Similarly, remembering in your heart the blessings and favours bestowed upon by Allah عَزَّوجَلَ, Qiyam (standing upright in Salah), bending for Ruku' and performing Sajdah are also included in Zikr of Allah عَزَّوجَلَ.

11. Blind Madani child's eyesight restored

Sayyiduna Imam Muhammad Bin Isma'eel Bukhari رحمۃ اللہ تعالیٰ علیہ, writer of the famous and renowned book of Ahadees 'Sahih Bukhari' went blind in childhood. He was treated by doctors but his eyesight could not be restored. His blessed mother رحمۃ اللہ تعالیٰ علیہا was Mustajaab-ud-Da'waat (i.e., a person whose prayers are granted by Allah عَزَّوجَلَ). One night she saw Sayyiduna Ibraheem عَلیہ السلام in her dream, who told her that Allah عَزَّوجَلَ

had accepted her supplication and had restored her son's eyesight. When Imam Bukhari رحمه الله تعالى عليه woke up in the morning, his eyesight had been restored and he رحمه الله تعالى عليه could see. (*Mirqat*, vol. 1, pp. 53; *Ashi'a-tul-Lam'aat*, vol. 1, pp. 9)

Dear Madani children! Have you seen! How fruitful mother's supplication is! Always keep your parents happy; obey them, when your mother or father comes, stand in respect, keep your gaze lower in front of them and kiss their hands and feet. He who does not obey his parents and displease them, gets punishment in this world, as...

12. Leg chopped off

A person namely 'Zamakhshari'¹ had a chopped leg. Upon asking, he related that it was the result of the curse of my mother, it happened in this way that I caught a sparrow in my childhood and tied a thread around its leg. Suddenly, it slipped from my hand and flew into a crack of the wall leaving a thread hanging out. I pulled the thread violently resulting it out of the wall writhing in pain but the leg of this poor bird had been chopped off by the thread.

My mother saw this and was extremely annoyed and spoke out these cursing words for me, 'The way you have chopped off the leg of this mute (poor bird), may Allah عز وجل chop off your leg.'

¹ A scholar of Mu'tazali sect.

This thing was forgotten, after a short period, I travelled to the city ‘Bukhara’ for pursuing education but I fell down while riding and my leg was badly damaged, after reaching Bukhara I tried a lot to get it cured but the chronic pain persisted and I had to chop it off. (And thus the curse of my mother stood fulfilled.) (*Hayat-ul-Haywan, vol. 2, pp. 163*)

Dear Madani children! Through this ‘true parable’, we have learnt that we should not even hurt any animal, let alone the human. Some children hit baby chicks, kittens and kids (baby goat) they lift and throw them on the floor. They must not show such ill-treatment towards them.

13. The bird was being hit with arrows

Sayyiduna ‘Abdullah Bin ‘Umar رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا passed by some young men of the Quraysh who had tied a bird and had been shooting arrows making it a target. When they saw Sayyiduna ‘Abdullah Bin ‘Umar رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا coming, they dispersed. Sayyiduna ‘Abdullah Bin ‘Umar رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا asked, ‘Who has done this? May Allah عَزَّوجَلَّ curse the one who did it! Undoubtedly, the Prophet of Rahmah صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَسَلَّمَ cursed upon the one who makes a living thing the target of archery.’

(*Sahih Muslim, pp. 1082, Hadees 1958*)

14. A little singing-girl

Sayyiduna ‘Abdullah Ibn ‘Umar رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا passed by a little girl who was singing a song; he رَضِيَ اللَّهُ تَعَالَى عَنْهُ said, ‘If Satan had spared anybody then he must have spared her.’

(*Shu’ab-ul-Iman*, vol. 4, pp. 279, Raqm 5102)

It means that if Satan would have spared somebody, then at least he would have spared this little girl, but Satan does not spare anybody therefore, the children should also remain cautious.

Dear Madani children! Listening to music and singing songs are satanic acts. You must not indulge in such satanic activities at all. By the grace of Allah عَزَّوَجَلَ, listen to the recitation of the Glorious Quran, Na’at and Sunnah-inspiring speeches. ان شاء الله عَزَّوَجَلَ you will have a lot of Sawab.

15. Donkey riding Madani child

(In earlier times, there were no motorbikes and cars etc., so,) a man went to visit his ailing friend riding on a donkey and he left his donkey at the door without having it tied. When he returned, he saw a child sitting on his donkey and looking after it. He asked annoyingly, ‘How did you get on it without my permission?’ The child replied, ‘I feared lest it would run away, so I got on it. He replied, ‘To me, its running away was better than staying here.’

Listening to this, the child replied, 'If it is so, gift me this donkey and assume that it has run away, I will be thankful to you.' That person said that I stood speechless after listening to the reply of that child. (*Kitab-ul-Azkiya li Ibn Al-Jawzi, pp. 248*)

Dear Madani children! Make a habit of keeping your things, toys, shoes etc., at their specific places instead of leaving them here and there; otherwise there is a risk of losing them. Till this page, all 15 parables were true and now listen to 2 unreal stories with good moral lessons:

16. Unique remedy for angry child

There was a very ill-tempered child; he would quarrel and speak ill of others on small matters. His parents tried their level best to teach him to overcome his anger but all their efforts were in vain. One day his father hit upon a plan, he gave large number of nails to his son and took him to the back side wall of his house and said, 'O my dear son! Whenever you vent your anger on somebody, or quarrel, hammer a nail into this wall.'

On the very first day, he lost his temper and quarrelled 37 times so he drove 37 nails into the wall. Within a few days, he got exhausted and learnt that it was easier to hold his temper than to drive those nails into the wall. He told his problem to his father. His father said, 'When you lose your temper and after you have controlled it, pull one nail out of the wall.' The child did as per instruction and in a short time, the child finally

MADANI PEARLS OF MILK

Milk in the light of Glorious Quran

It is stated in verse 66 of Surah An-Nahl, part 14:

وَإِنَّكُمْ فِي الْأَنْعَامِ لَعِبْرَةٌ ۖ نُسَقِّيْكُمْ مِّمَّا فِي بُطُونِهِ مِنْ بَيْنِ فَرِثٍ
وَدَمٍ لَّتَنَا حَالِصًا سَائِغًا لِّلشَّرِّبِينَ (٦٦)

And an indeed in cattle is a lesson for you; We provide you drink from what is in their bellies – pure milk from between the excretion and the blood, palatable for the drinkers.¹

[Kanz-ul-Iman (Translation of Quran)] (Part 14, An-Nahl, verse 66)

Two blessed sayings of Beloved Prophet about milk

1. Use cow's milk (i.e., drink it) because it grazes on all types of trees. It (milk) has cure for every disease. (*Musnad Imam-e-A'zam, pp. 207; Al-Mustadrak, vol. 5 pp. 575, Hadees 8274*)
2. When anybody drinks milk should say (i.e. recite the following Du'a):

¹ And undoubtedly there is a lesson for you in cattle (that is) We make you available pure milk from their bellies between the excretion and the blood, which goes down the throat easily. *[Kanz-ul-'Irfan (Translation of Quran)]*

succeeded to pull out all the nails which were 100 in numbers. The father took his son by holding his hand and led him to the wall and said, 'Dear Son! You have done well by controlling your anger, but look at this wall, it is not as nice as it was before, how ugly these holes are looking. When you shout, scream and speak ill of others in anger, you leave deep wound and scars like piercing by a knife, then even if you apologise, the wound does not get healed up quickly; because a verbal wound is much deeper than the physical one.'

After listening this, the child sought repentance from disheartening others and asked for forgiveness too.

(To get rid of the habit of anger, read '*Cure for Anger*' publication of Maktaba-tul-Madinah.)

17. Impact of bad company

A Madani child, belonging to a righteous family, started keeping the company of bad friends. When his father came to know this, he made him understand that the company of bad friends might change you into a bad boy. The child avoided this by saying, 'O beloved father! You do not worry, I will not become like them.'

The father intended to make him understand practically and one day he brought home a lot of plums, some of them were eaten by the family members whereas when rest of them were

being stored, the son said, 'O father! There is a rotten plum amongst them, take it out.' Father replied, 'Keep it now, we will see it tomorrow.'

The next day, when father and son saw the plums, they found that the plums near to the rotten one also got rotten. Now the father made his son understand, 'My son! Did you observe how much impact a company has! The fresh plums kept in the company of rotten one also got rotten.' The Madani child understood it, and he repented of keeping the company of bad friends.

Dear Madani children! You should also keep yourselves away from the company of bad friends, do not keep the company of those children who miss their Salah, watch movies, listen to songs, disrespect the elders, hurt others and use abusive language but rather have the company of those who are punctual in their Salah, act upon the Sunnah, respect their elders and have virtuous conversations, because the company of such righteous children will make you more righteous, **إِنَّ شَأْنَ اللَّهُ عَزَّ وَجَلَّ**.

صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ صَلَّوَا عَلَى الْحَبِيبِ

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ

(Translation: O Allah عَزَّوَجَلَّ, grant us blessings in it and grant us more)

because, there is nothing but milk which suffices for both water and food. (*Shu'ab-ul-Iman*, vol. 5, pp. 104, *Hadees 5957*)

This means, milk is the only blessing which removes both hunger and thirst; therefore, it is food and water as well.

(*Mirat-ul-Manajih*, vol. 6, pp. 80)

Beloved Prophet ﷺ liked milk too much

Out of all drinkable items, the Beloved Prophet ﷺ liked milk too much. (*Akhlaq-un-Nabi*, pp. 122, *Hadees 614*)

It is stated in the blessed *Sahih Bukhari*: Milk was sent to the Beloved Prophet ﷺ as a gift which he ﷺ made Ashaab-e-Suffah رضي الله تعالى عنهم drink and drank himself too. (*Sahih Bukhari*, vol. 4, pp. 234, *Hadees 6452*; summarized)

Four Madani pearls about mother's milk

1. Human milk is free from germs and it is a great blessing for infants, it protects from many such diseases which are likely to infect children in their early childhood.

2. The breastfed babies have fewer possibilities of allergy and diarrhoea and if they get diarrhoea, it does not prove risky enough, whereas the risk of allergy and diarrhoea amongst non-breastfed babies are 7 and 15 times respectively more as compared to breastfed babies.
3. Breastfed babies remain protected from the disease of decaying teeth, teeth turning black, chest infection, asthma, stomach problems; moreover, breastfeeding generally protects from many other diseases such as the disease of throat, nose and ear.
4. If mother is unable to feed her infant due to any reason, then ask any pious woman to feed the infant instead of formula feeding. It will also benefit abundantly *إن شاء الله تعالى*.

Duration of breast-feeding a child

A child should be breastfed (with woman's milk) up to the (age of) two years (according to the Hijri calendar), more than that is not permitted, whether it is a baby boy or a baby girl. As it is a common misconception amongst general public that baby-girl can be breastfed up to 2 years and baby boy up to 2 and a half years. This is incorrect.

The above-mentioned ruling is for breastfeeding, but for a Nikah (marriage) to be declared as Haraam (forbidden), the duration is two and a half years (according to Hijri calendar).

It means that although to breastfeed the child for more than two years is Haraam, if the mother breastfeeds the child within two and a half years, then the Nikah will be proved as Haraam (because the relationship as foster child has been established with that woman) but if the child drinks the milk when he is over age of two and a half years, the Nikah will not be Haraam, though breastfeeding is not permissible.

(Bahar-e-Shari'at, vol. 2, pp. 36)

47 Madani pearls of milk

1. Milk is also a greatest blessing of Allah ﷺ. Allah ﷺ has bestowed it with cure against many diseases in addition to providing the nutrition.
2. According to a medical research, those who drink milk, live long.
3. Milk is full of calcium, it helps prevent the disease of bones, colon cancer and hepatitis.
4. If wrinkles appear on the face etc. at young age, drink lukewarm milk daily at night.
5. The remedy of pimples, acne, scars, spots, marks (i.e., teenage acne) is that massage the face or affected area with bearable warm milk before sleeping and wash your face with the same milk, then after half an hour, wash your face with water. ان شاء الله ﷺ it will benefit you.

6. Applying the froth of fresh milk also removes the marks and spots etc. from the face.
7. Applying the layer of cream from freshly boiled and cooled milk also removes marks and spots.
8. Mix a little grinded saffron with milk cream and apply to lips, it will improve the colour of lips, **إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ**.
9. Mix water in milk and apply on the dry-itching area then wash it after a while. It will prove beneficial, **إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ**.
10. Mix crystallized sugar or honey and the water (in which raisins have been soaked for some hours) to the fresh milk of cow or buffalo without heating it up, drink it till 40 days; it will strengthen the memory and improve the eyesight. Furthermore, it is not only beneficial to the patients suffering from hysteria, tuberculosis, irregular heartbeat and physical weakness but also beneficial for weak children.
11. Mix 50 grams grinded Iranian almonds with 250 grams Gulqand (conserve made of rose petals and sugar) and store it, then use 2 spoons of it with milk daily in the morning. It will improve the memory, **إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ**.
12. Take with milk 5 currants (a kind of large raisin), 6 grams crystallized sugar and 6 grams jaggery, it cleans your teeth, produces fresh blood and increases weight speedily as well

as it relieves constipation; furthermore, it is the best cure for those who feel dizziness due to weakness.

13. Sucking one mango at sleeping time and one in the morning on an empty stomach followed by drinking milk removes laziness, makes a person active and is beneficial in overcoming neurological weakness.
14. Mix arrowroot in milk and cook it. By the grace of Allah عَزَّوجَلَّ drinking it will cure the disease of abnormal flow of urine and will provide energy.
15. If you suffer burning sensation while urinating, use lukewarm milk cooked with grinded crystallized sugar and aniseeds and take it with normal quantity of green cardamom's seeds. إِنْ شَاءَ اللَّهُ عَزَّوجَلَّ it will be cured.
16. Urinary burning sensation can also be cured by drinking water mixed with fresh milk. It will cure infection, إِنْ شَاءَ اللَّهُ عَزَّوجَلَّ. Do not eat food having warm-characteristics.
17. If you experience blood in urine, mix approximately 10 grams fresh jaggery and crystallized sugar with milk and drink it. By the grace of Allah عَزَّوجَلَّ, it will be cured and it is also beneficial for bladder heat, infection and inflammation.
18. People seeking cure for bladder disease should drink milk mixed with jaggery.

19. If there is a burning sensation in eyes, pain or injury, place the cotton balls soaked with milk on the eyes.
20. If eyes are sensitive to light then put one drop of pure milk in each eye.
21. If you get particle etc., in your eye, put 3 drops of milk in the affected eye, **إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ** that particle will come out.
22. If suffering from piles, massage the soles of feet with the fresh milk. **إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ** it will be beneficial.
23. Take half spoon of cinnamon powder along with a cup of milk in the morning and evening; it is beneficial for piles.
24. If the children suffer from diarrhoea, mix a pinch of cinnamon powder in the hot milk and make them drink. For adults, double the quantity of cinnamon.
25. Milk removes stomach acidity.
26. Drink cold milk 3 times a day if you have heartburn.
27. Eating tomatoes on an empty stomach followed by drinking milk purifies blood and produces fresh blood.
28. The beneficial milk is that which is clean and fresh and is produced by healthy and well-fed animals.
29. When sugar is mixed in milk, it destroys calcium.

30. Drinking the milk sweetened with sugar causes phlegm, stomach problem and gas.
31. Boil 250 grams of carrots' pieces in the 500 ml milk then let it cool down, as it becomes drinkable, now drink it (eat the pieces of carrots also). In this way, not only milk gets digested soon but also cleans the stomach and produces iron abundantly in the body; furthermore, it is beneficial for overcoming physical weakness and stomach acidity.
32. It is beneficial to make weak children drink the milk mixed with crushed almonds.
33. Hot milk removes hiccups.
34. According to Ayurvedic (an ancient Indian treatment), milk sweetened with honey, glucose, sugarcane juice or fruit juice or raisins without seeds or crystallized sugar or brown sugar is beneficial for cough.
35. Drinking milk immediately after milking the animal is more beneficial if it is not possible, drink lukewarm milk. Nutrition of milk is wasted when it is boiled for a long period of time.
36. Those who cannot digest milk, it causes gas and bloating bellies, should drink milk mixed with honey. The milk mixed with honey gets digested early and it does not cause gas in stomach.

37. Mix few pieces of ginger or ginger powder and some raisins to the milk then boil it before drinking. إِنَّ شَرَابَهُ عَذَابٌ it will control gas.
38. Asthma patients and people having phlegm should drink milk mixed with honey or dry dates or cardamom.
39. Buffalo milk is heavy and it is generally used for making butter and ghee. It causes phlegm, increases cholesterol and causes obesity. However, buffalo milk is considered the most powerful nutrition for those who can digest it.
40. Cow milk is lighter than buffalo milk and it gets digested early.
41. Cow milk also protects from cancer.
42. Goat milk is considered to be the best. It strengthens body, improves digestion and stimulates appetite.
43. Sheep milk carries warm-characteristics. It causes gas and constipation. It tastes salty, makes hair longer and reduces obesity but harms the eyes. Sometimes, it causes mouth blisters. We should avoid giving this milk to children.

4 Madani pearls for the identification of pure milk

44. It is possible that milk is pure but not thick.

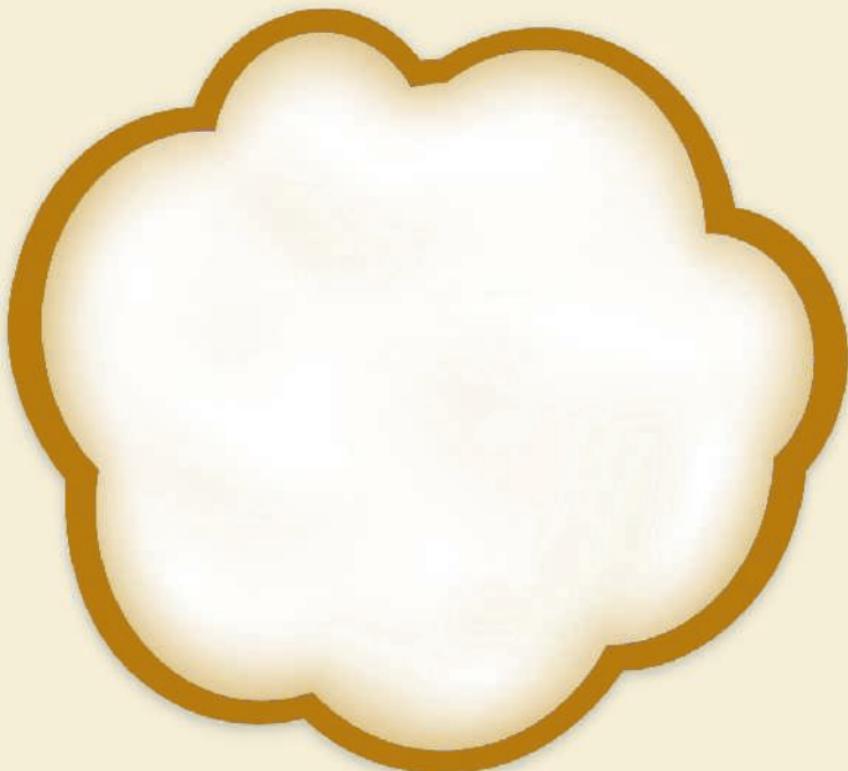
45. Through a dropper etc., have a drop of milk dropped on any marble pillar or any similar smooth wall; if it is pure, it will not flow down immediately.
46. Pure milk carries thick cream.
47. Dip finger into the milk, if it (milk) stays on the finger, it is pure otherwise it is mixed with water. The experts identify the milk's purity by taking it in their hand and tell by observing its thickness and fat content that whether this milk is pure or not. (This method is common in the dairy markets.)

Muhammad Ilyas Attar Qadiri

Jumadal Aula, 1437 AH (February, 2016)

After reading, (adults) should give this booklet to another person with the intention of gaining Sawab.

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